

The Tony Cheeseman Foundation

**Cordially invites you to the
2017 Annual Lecture**

**Self Help and Self Reliance in Our Community
'How Can We Support Our Young People?'**

Guest Speaker Marie Gabriel

Panel Discussion

Open Mic - Share a Poem

Community Award Presentation

Saturday 18th November 2017, 4 pm to 7 pm

St John's Church, Broadway Stratford E15 1NG

Information stalls (Dementia, Alzheimer and Prostate Cancer)

Admission Free

Raffle

Refreshments

Nearest transport:

Stratford Rail & Underground Station

Buses: 25, 86, 69, 257, 241, 262, 473, 276, 425, 158, 308, 425, 104, 238

For more information: Email tonycfoundation@yahoo.com