

# A Caribbean Reminiscence Day & Annual Lecture

Come and share your stories

10.30am – 1.30pm

Did you or your parents come to London from the Caribbean in search of a new life or to help the 'Mother Country' rebuild after World War II?

Then we want to hear from you!

We would love you to bring your favourite items and stories from that time. Maybe the 'Grip' you came with or the hat you wore as you travelled over to this strange new place.

Your experiences will be recorded or filmed and then edited and kept in the Heritage and Local Archives Library for future generations of Newham Residents to 'Recognise the past'.

**Venue:**

Custom House and Canning Town Community Neighbourhood Centre & Library  
18 Rathbone Market, Barking Road,  
Canning Town, London E16 1EH

For more information:

[tonycfoundation@yahoo.co.uk](mailto:tonycfoundation@yahoo.co.uk)

Nearest Transport:

Canning Town Underground Station and DLR.

Buses: 5, 69, 115, 147, 241, 276, 300, 309, 323, 330.

## The Tony Cheeseman 8<sup>th</sup> Annual Lecture

2:00pm – 4:00pm

Come and see exhibitions on Sugar, Independence and the Harrison Lines. Find out some interesting facts about Newham's close ties with Sugar, the Caribbean and the Docks.

### Caribbean Settlers in Britain Post WWII

Guest Speaker renowned historian **Cecil Gutzmore** will give a talk covering why the people of the Caribbean came to Britain, the challenges they faced and their legacy going forward.

Q+A session

### Annual Foundation Community Award

4.30pm – 5.00pm

Light refreshments and networking.

